In Deep Water

Psalm 69:1-2

Save me, O God; for the waters are come in unto my soul. I sink in deep mire, where there is no standing: I am come into deep waters, where the floods overflow me.

When we our overwhelmed by the storms of life it can be like a flood. I remember one time as a kid, my friend Philip and I could not wait for the summer weather, so we bundled up and took some floats and tried to float down the creek. The problem was that the waters were in Spring flood stage and were very cold. I hit a patch of turbulence and was literally sucked under. As I was under the water for a few seconds I realized that I was powerless to get out of the flow. There was nothing that I could do. Then I shot out under a snag of limbs and was free! Well we stopped right there. I went home and took a hot bath and we lived until the next adventure.

The power of the flood is dangerous because it overwhelms and surrounds a person. But there are other aspects of the situation. When we are surrounded by something that overcomes us for a longer period of time, the waters can soak in, saturate, and permeate our lives. The troubles outside sink in to our insides. The flood can then define us, change who we are, alter our purpose, and even change our identities. Also, when we are surrounded by something that overcomes us for a longer period of time, we can become weary of treading water and the fight. We need to look to the Lord and hang in there.

Galatians 6:9

And let us not be weary in well doing: for in due season we shall reap, if we faint not.

Poor Peter was sinking on the raging waters until he cried out to the Lord and was saved from his situation. We need to look to the Lord constantly, as this will help keep our faith through life's storms.

Matthew 14:28-31

And he said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. But when he saw the wind boisterous, he was afraid; and beginning to sink, he cried, saying, Lord, save me. And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?

We need to build our lives above the high-water marks. That means to avoid the areas where could fall in our weakness and sin to the floods of temptation.

Luke 6:48

He is like a man which built an house, and digged deep, and laid the foundation on a rock: and when the flood arose, the stream beat vehemently upon that house, and could not shake it: for it was founded upon a rock.

And lastly, the most important thing to keep in mind is that the Lord is with us!

Isaiah 43:2

When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee.